

2023-2024 Muscatel Lunch
Lunch

Rosemead School District

Mon	Tue	Wed	Thu	Fri
8/14/2023	8/15/2023	8/16/2023	8/17/2023	8/18/2023
		Main Entrée Sandwich, Uncrustable PB&J Grape Grilled Cheese Sandwich Fruit Orange, Navel Vegetable Carrots, Baby, Peeled, IW Celery Sticks, IW Fruit Juice Juice, Apple, Eco Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco	Main Entrée Breaded Chicken Sandwich Spicy Breaded Chicken Sandwich Beef Hot Dog Fruit Banana, Petite, Dole Vegetable Potato, Fries, Seasoned Wedge 8cut BBQ Baked Beans Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco Fruits and Fruit Juices Juice, Wildberry, Eco	Main Entrée Mandarin Orange Chicken with Brown Rice Chicken Egg Roll with Brown Rice Fruit Strawberries, Fresh Juice, Orange, Eco Vegetable Garlicky Broccoli Carrots, Baby, Peeled, IW Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco
8/21/2023	8/22/2023	8/23/2023	8/24/2023	8/25/2023
Main Entrée Spaghetti and Meatballs Fruit Pear, D'Anjou Vegetable Garlicky Broccoli Carrots, Baby, Peeled, IW Grain Garlic Knot Fruit Juice Juice, Apple, Eco Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco	Main Entrée Carne Asada Nacho Fruit Apple, Red, Sliced Juice, Orange, Eco Vegetable Beans, Vegetarian Refried Carrots, Baby, Peeled, IW Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco Condiments Tapatio	Main Entrée Chicken Wings Platter Fruit Orange, Navel Vegetable Potato, Fries, Seasoned Wedge 8cut Carrots, Baby, Peeled, IW Fruit Juice Juice, Apple, Eco Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco	Main Entrée Cheeseburger Hamburger Beef Hot Dog Fruit Banana, Petite, Dole Vegetable Potato, Fries, Crinkle Cut 1/2" Carrots, Baby, Peeled, IW Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco Condiments Ketchup Packets, Kraft Heinz Fruits and Fruit Juices Juice, Wildberry, Eco	Main Entrée Pizza, Pepperoni, Pizza Hut, 51% WG Pizza, Cheese, Pizza Hut, 51% WG Fruit Strawberries, Fresh Juice, Orange, Eco Vegetable Celery Sticks, IW Cucumbers, Sliced, IW Kale Caesar Salad Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco



Mon	Tue	Wed	Thu	Fri
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
Main Entrée Crunchy Beef Taco	Main Entrée Sandwich, Turkey Cold Cut Combo, 6", Subway	Main Entrée Chicken Drumsticks with Mashed Potatoes	Main Entrée Teriyaki BBQ Chicken with Brown Rice	
Fruit Pear, D'Anjou	Sandwich, Uncrustable PB&J Grape	Fruit Orange, Navel	Fruit Banana, Petite, Dole	
Vegetable Beans, Vegetarian Refried Carrots, Baby, Peeled, IW	Fruit Apple, Red, Sliced Juice, Orange, Eco	Vegetable Carrots, Baby, Peeled, IW	Vegetable Carrots, Baby, Peeled, IW Garlicky Broccoli	
Grain Mexican Rice	Vegetable Carrots, Baby, Peeled, IW Cucumber & Tomato Salad	Grain Roll, Dinner, WG	Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco	
Fruit Juice Juice, Apple, Eco	Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco	Fruit Juice Juice, Apple, Eco	Fruits and Fruit Juices Juice, Wildberry, Eco	
Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco		Milk Milk, White, Low Fat 1%, Eco Milk, Chocolate, Non Fat, Eco		